

**DO
YOU
LIVE**

**WITH
PAIN?**

 **CATALYST**
REGENERATIVE NETWORK

**ASK YOUR DOCTOR ABOUT
AN AF INJECTION**

**When surgery isn't an option, an
Amniotic Fluid (AF) injection offers a
surgery-free, drug-free alternative.**

A GREATER HEALING POWER



► **What is an AF Injection?** An AF injection utilizes an all-natural product that contains a potent concentration of growth factors, proteins, collagens, hyaluronan, and cytokines. All of these natural components work together to encourage healing.

ABOUT AMNIOTIC FLUID INJECTIONS

Patients have reported improved pain relief and repair for the following:

- **Spinal Injuries** | Neck pain, mid or lower back pain, sacroiliac joints
- **Joint Injuries** | Knees, hips, shoulders, elbows, ankles, wrists, fingers, toes
- **Soft Tissue Injuries** | Tennis elbow, golfer's elbow, plantar fasciitis, rotator cuff syndrome

This is not a comprehensive list of disorders treated with AF.

► Why is an AF injection a better solution for patients?

- It is a natural, non-steroidal solution to reduce pain, inflammation, and encourage repair.
- Helps promote the repair and rejuvenation of soft tissue, intra-articular injuries, cartilage, menisci, and joint injuries.

	ANTI-INFLAMMATORY	ANTI-MICROBIAL	GROWTH FACTORS	PAIN-FREE TREATMENT	FAST TREATMENT TIME
AMNIOTIC FLUID	✓	✓	✓	✓	✓
PLATELET-RICH PLASMA (PRP)	✗	✗	✓	✗	✗
CORTICOSTEROID	✓	✗	✗	✗	✓
HYALURONIC ACID	✗	✗	✗	✗	✓

► Where does the AF injection come from?

An AF injection is a graft derived solely from pure amniotic fluid, obtained from an elective, full-term cesarean section delivery. All donors provide consent and are screened per FDA/AATB guidelines.

► Does AF contain stem cells?

Although an AF injection contains an impressive array of regenerative factors, there are no live stem cells. The product is intended to enhance and enable your body to repair itself by recruiting your own cells to do the work.

WHAT TO EXPECT

► Is the AF injection painful?

There is minimal to no pain involved in the injection since it is introduced through a very small needle.

► Can I go back to my usual work or daily activities?

Typically you are able to return to work the same day. Your physician will instruct you on any restrictions based on your specific injury.

► What can I expect after having the AF injection?

Healing is unique to your injury and your body's recovery process, but the majority of patients can expect reduced inflammation within a few hours of the injection. While patients may experience immediate relief, the complete reparative process can take up to 12 weeks. You should follow your physician's instructions on returning to normal activities.

► Will insurance cover the cost of the AF injection?

No, insurance companies do not cover some of the newest technologies and more innovative treatment therapies such as this. You may pay cash or use your private Health Savings Account (HSA or FSA) dollars. We also partner with Health Finance Solutions (HFS) to offer a variety of loan options based on your qualifications.

► How many AF injections are needed?

The number of AF injections needed depends on the type and severity of your injury. Your physician will determine the number of injections you should receive and the best timeline.





STIMULATING

REPAIR.

If you suffer from chronic pain, sports injuries or arthritis, you may have lost hope or feel out of options. **Amniotic Fluid (AF) injections** have been helping patients repair and regenerate injuries without surgery. Speak with your doctor today to learn how AF can benefit you.

CONSIDER AN AF INJECTION IF YOU HAVE:

Back or Joint Pain

Partial Ligament Tears or Sprains

Cartilage Defects

Sports Injuries

Arthritis

Soft tissue injuries (tennis elbow, golfers elbow, FAC negative)

Amniotic fluid contains a potent concentration of nutrients and growth factors that encourage proper healing. Our aseptic process protects the growth factors that promote healing and have regenerative characteristics while completely removing cellular material that may cause pain and localized swelling from immune response. Amniotic fluid is noted for its abundance of constructive collagens, cytokines, elastins and growth factors. Please consult your doctor to see if an AF injection is right for you. AF injections are not intended to diagnose, cure or prevent any disease. This brochure alone should not be used to make a clinical decision.

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